

Rifaximin for the Reduction in Risk of Overt HE Recurrence



Bass NM, et al. Rifaximin treatment in hepatic encephalopathy. *N Engl J Med.* 2010;362(12):1071-1081.

Phase 3, double-blind, placebo-controlled trial of adults with cirrhosis and history of overt HE

Inclusion criteria:
 ≥2 overt HE* episodes during previous 6 months (currently in remission); MELD score ≤25



ITT



Male

MELD score
11-18

Age, mean (SD)



Concomitant lactulose

Rifaximin 550 mg bid

n=140

53.6%

67.1%

55.5 (9.6) y

91.4%

Placebo

n=159

67.3%

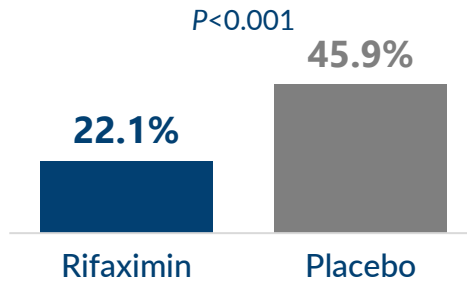
60.4%

56.8 (9.2) y

91.2%

Rifaximin 550 mg bid vs placebo during 6-month treatment

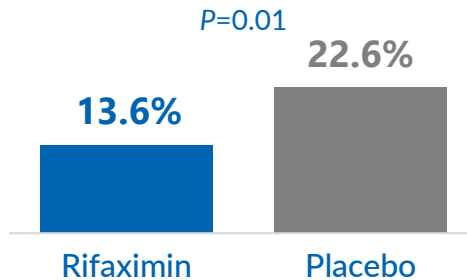
Breakthrough overt HE episode
(primary endpoint)



↓ 58%
 Relative risk of breakthrough overt HE* recurrence

NNT=4

HE-related hospitalization
(key secondary endpoint)



↓ 50%
 Relative risk of HE-related hospitalization

NNT=9

Most commonly reported AEs†

	Rifaximin (n=140)	Placebo (n=159)
Nausea	14.3%	13.2%
Diarrhea	10.7%	13.2%
Fatigue	12.1%	11.3%
Peripheral edema	15.0%	8.2%
Ascites	11.4%	9.4%
Dizziness	12.9%	8.2%
Headache	10.0%	10.7%

*Conn score ≥2 (remission defined as Conn score 0 or 1). †≥10.0% of patients in rifaximin group, regardless of causality. AE = adverse event; bid = twice daily; HE = hepatic encephalopathy; ITT = intention-to-treat; MELD = Model for End-Stage Liver Disease; NNT = number needed to treat to prevent one event (with rifaximin treatment [91.4% of patients were taking concomitant lactulose at baseline]).